

# Baby's First Year Photo Checklist

**Our babies grow up fast. This checklist will help you remember those first year milestones and help to build a treasured album for you & your kids(s) to enjoy.**



Use natural light as much as you can, move by a window when you can. Use the camera that is always with you – your phone. Find a journal app that works for

you & post your photo(s) and a few words there as & when you feel the urge. I then print a book once a year. The best way to preserve memories is to print.

<p><b>1</b> Mummy in the making – your body is doing amazing things at the moment, so take a photo. You may regret it if you don't. You don't have to show anyone.</p> 	<p><b>2</b> Mummy &amp; daddy - meeting baby/hello world.</p> 	<p><b>3</b> So small in daddy's arms – show the scale/perspective – or baby holding a parents hand.</p> 	<p><b>4</b> Contented baby sleeping in nursery.</p> 
<p><b>5</b> First smiles/tooth/ discovering their toes.</p> 	<p><b>6</b> First family photo.</p> 	<p><b>7</b> Learning to crawl.</p> 	<p><b>8</b> Bathtime bubbles – sitting up.</p> 
<p><b>9</b> Pulling on the furniture &amp; first steps.</p> 	<p><b>10</b> Favourite toy/hand knitted blanket.</p> 	<p><b>11</b> Close up of baby face.</p> 	<p><b>12</b> First foods &amp; messy food face.</p> 
<p><b>13</b> On the move – first steps/first shoes.</p> 	<p><b>14</b> Seasonal – all 4 seasons captured – get outside &amp; put that natural light to good use.</p> 	<p><b>15</b> First birthday – cake, a single balloon behind baby (then add a balloon each year).</p> 	<p><b>Here are some more to try:</b></p> <ul style="list-style-type: none"> <li>• Clock at the time of delivery.</li> <li>• Hospital bracelet/name tag.</li> <li>• Messages &amp; memories written by friends &amp; families – take a photo of the cards too.</li> <li>• Chewing on toys.</li> <li>• First naughty moment.</li> <li>• Peekaboo.</li> <li>• Blowing raspberries.</li> </ul>

Do you take hundreds of photographs of your beautiful new baby, but none of them are print worthy? Would you like to have a gorgeous natural portrait of your baby on the wall? Book a relaxed, customised shoot of your baby with me, and I'll create a portrait you'll be proud to hang in your home.

This checklist is brought to you by Sue Kennedy Photography Ltd, a baby & child portrait photographer based in the beautiful surroundings of Parndon Mill, an old flour mill which is now a true creative hub of creative business and artists in Harlow, Essex.

Check out [www.suekennedy.co.uk](http://www.suekennedy.co.uk) or you can find us on Facebook or Instagram @suekennedyphoto.



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