

MATERNITY PHOTOSHOOT PREPARATION GUIDE

SUEKENNEDY.CO.UK





Welcome

A maternity or bump portrait experience is a very special and unique occasion, a chance to celebrate the arrival of someone you love with all your heart but haven't met yet!

As soon as you arrive in my studio, I'll be sure to put you and anyone who accompanies you at ease. It's a special treat in celebration of you! I love keeping these shoots as natural and timeless as possible to show off the beauty of your bump.

I'll be guiding you the whole way. You do not need to try to work out what you need to do or worry over what is expected of you. That's where this prep guide comes in. That said, I'll absolutely listen to all of your suggestions and concerns to help you feel comfortable.



Prep

Do consider having your hair & nails professionally done before our photoshoot, and apply your make-up as you normally would. A nice matt finish is perfect, and don't forget the lipstick!

If you don't wear make up, that's totally fine too.

Some of the photographs will pay close attention to your hands, so if you need an excuse to treat yourself then this is it!



What to Bring

Tight clothing. A tight dress or jumper is perfect to emphasise the body & baby bump.

Solid colours or simple floral patterns are recommended, avoid bold stripes.





Your favourite maternity dress or jeans/leggings and a tunic.

Bear in mind we want to show off your bump not hide it in the photographs.

Don't be afraid to bring a few unusual even fun personal items, as they can bring a unique element to the styling of your portrait experience.



Sue Kennedy
SUE KENNEDY PHOTOGRAPHY LTD



Directions

Directions: CM20 2HP for your Sat Nav.

Parndon Mill is on the lane of the same name, off of Elizabeth Way between Adams Motor Garage and the new housing development (on the site of the old Rugby Club).

A white signpost on the main road marks the turning for Parndon Mill. Come all the way to the bottom of the lane, past the church, over the railway bridge into the grounds of Parndon Mill.

Parking is free and plentiful. Park & cross over the footbridge to the white brick Mill building and head towards the farthest green door. I am up one flight of stairs, directly above the furthest green door at Parndon Mill.

What3Words 3 word address: [///pump.runner.pouch](https://www.what3words.com/pump.runner.pouch)



Health & Safety

Key Points:

- Please use the hand sanitiser on arrival at the studio, or performing any activity that may cause the spread of germs or toxins.
- You will be asked to remove your shoes at the door or use the shoe protectors.
- Because I work with, parents-to-be, new parents and small babies, I will postpone photoshoots whenever I (or anyone in my household) is experiencing viral symptoms or general cold-like symptoms.
- If anyone in your home is feeling unwell or is unwell within 48 hours of your photoshoot, please contact us to reschedule - 01279 433392.



FAQs

Q Do I need to get undressed?

A No. You can reveal as much or as little skin as you wish.

Options include a bodycon dress, as this reveals your bump or a white shirt which can be unbuttoned to reveal the bump or left closed.

Another option is a beach cover-up, as these tend to be made of light material, which creates a beautiful silhouette style photograph.



Q Do I need to tell you in advance which package/products I would like?

A It's useful to know, but you do not need to make a final decision until you have viewed your photographs.

Q Can I include my other children & partner?

A Yes of course. Ideally their outfits should coordinate with yours. Cute t-shirts with older brother or sister are fun items to think about as well.

And finally ...

If you have any questions, please don't hesitate to call me on 01279 433392

the most important thing...


... is that we create and capture a set of beautiful images while you enjoy a relaxed experience.

I look forward to seeing you soon and creating the most valuable images you will ever own.

Sue x



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